



DATE AND TIME

Sunday 30th August 2020

Venue opens: 9.40am

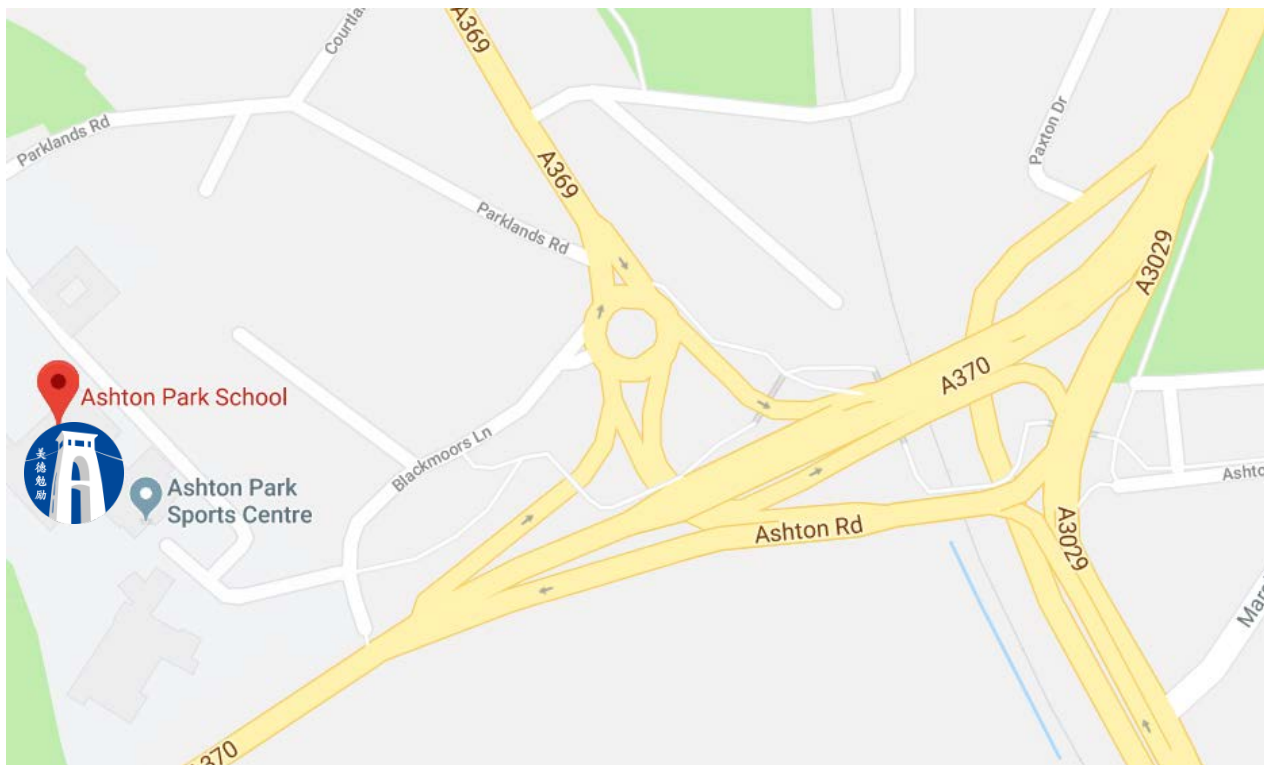
Novice to 2nd Kyu seminar (for those grading): 10.00-11.00am

Kyu grading: 11.15-12.30pm

Brown and black belt seminar: 1.00-2.30pm

VENUE

Ashton Park Sports Centre (in the grounds of Ashton Park School)
Blackmoors Lane, Bower Ashton, Bristol BS3 2JL.



HOW TO GET THERE

If you are arriving from central Bristol, take the turning towards Ashton Gate Stadium but then stay in the left lane as if you want to rejoin the A370. Follow the right-hand lane under the underpass. At the next roundabout take the first exit and then follow Blackmoors Lane until you reach the school.

If you are arriving from Nailsea and Backwell, when you reach the end of the Long Ashton bypass take the left turning towards Southville just after the newly refurbished Gatehouse. Take the first exit on the roundabout onto Blackmoors Lane and follow the road until you reach the school.

When you arrive through the gates, turn to the right, head through the car park at the front of the school and follow the road until you reach the Sports Centre, which will be on your left. Free parking is available on site.

STAYING COVID-SAFE

The grading will follow the Bristol Karate Academy 'return to training guidance', found at bristolkarateacademy.com and on your Bristol Karate Academy member area.

This includes:

- Self-assessments by members for COVID-19 symptoms before booking and arriving.
- Temperature checks on arrival.
- Hand sanitising when you arrive and when you leave.
- Maintaining social distancing at all times.
- Bring your own drink and avoid sharing it with others.
- You **must** wear shoes for this training session.
- You must bring a face covering. While children under the age of 11 are exempt under Public Health England rules, KUGB rules state that you must wear a face covering for socially distanced Kumite.

All members must read the 'return to training' guidance before booking a place.

Much like our other indoor classes, we're currently restricted for space, so places for the training session and grading are significantly limited.

To minimise numbers in the training hall, spectators will not be allowed either during the training session or grading.

I WISH TO GRADE. WHAT DO I NEED TO KNOW?

- You must have received permission to grade. **If you wish to grade and do not yet have permission** or are not sure if you have permission, please read the guidance below on grading eligibility.
- You must book in advance. Booking for the grading will close on Wednesday 26th August, or as soon as the event is fully booked.
- You must have a KUGB licence that is up-to-date on the day of the grading. **If you don't have one or it is out-of-date you must apply or renew now.**
- You must have handed in your Red KUGB grading record book (complete with KUGB licence inside) by 26th August. If you cannot bring your red book to a face-to-face class and are local to Backwell you can hand deliver it to 1 Slades Court, Backwell, Bristol, BS48 3LJ. If not, please get in touch as soon as possible by emailing hello@bristolkarateacademy.com

HOW THE GRADING WILL RUN ON THE DAY

- The sports hall will be divided into two, with one half used for the grading and the other half used for members waiting to grade. Members must stay socially distanced from each other while waiting to grade.
- Members will be called up in small groups to grade. As soon as a group is finished their exam they will be told the result of their grading and they should leave. Please maintain social distancing at all times.
- Lower grades will grade first, therefore would be expected to be amongst the first to leave.
- Parents should be nearby and be ready to pick up their children when they've finished. Under 18s should contact a parent/guardian to pick them up and can stay in the hall until a responsible adult arrives.
- Grading books will not be returned to you on the day. Please pick them up at your next face-to-face training session.

REGISTRATION IS NOW OPEN

Registration for the event is now open. Book by going to bristolkarateacademy.com/bookaclass. You can pay by credit/debit card or PayPal. However you wish to pay, click the PayPal button on the form. You do not need to set up a PayPal account to pay for your space. Visit the form from a laptop instead of a phone and you'll see the option to pay by card without being asked to set up a PayPal account. All bookings are subject to our booking terms and conditions, at the end of this guide.

Seminar and grading (novice to 2 nd Kyu)	£25 per person
Brown & black belt seminar (3 rd Kyu+)	£10 per person

Seminar and grading for members novice to 2nd Kyu

Please note, at present, the Kyu grade seminar is **only available to those that wish to grade**. If there are still spaces available near to the day we will open up to anyone else that wishes to train. We'll let members know through an email and posting on our social media profiles.

Brown and black belt seminar (open to non-members)

We welcome both members and guests from other clubs to our brown and black belt seminar with Sensei Brennan. While we usually hold dan grade-only sessions, we've opened up the class to brown belts who otherwise may not get the opportunity to train with Sensei because of the restrictions in place on our first class.

GRADING ELIGIBILITY FOR ACADEMY MEMBERS

You can log in to your Bristol Karate Academy Member Area to check how you're tracking in the run up to your grading. Log in by visiting www.bristolkarateacademy.com/members and go to the 'My Grading' page.

Your 'My Grading' page will show how many sessions you've completed (the minimum between kyu gradings is 26), whether you have permission to grade and any specific guidance in order to help you prepare. If you are expecting to grade and have completed the minimum number of training sessions but haven't yet received permission, please get in touch as soon as possible so we can chat through arranging a pre-grading assessment with you.

There are several different grading permission status levels shown on your 'My Grading' page:

- **Not yet assessed:** This means you'll need to attend a pre-grading session or in some cases agree a date for your next grading with your instructor.
- **Not yet ready:** This means that at the point you were assessed there's more you need to do to get ready for your grading. It doesn't necessarily mean that you will not be able to grade – work with your instructor to get ready in the run up to your grading date.
- **On track – keep working hard:** Although this means you do not yet have permission to grade, you are almost there and we would hope you would be able to take your grading if you keep making improvements in time.
- **Yes:** You have full permission to grade. Book your grading and make sure you complete the minimum number of sessions before the grading day.

If you have any queries about why your grading status is at a particular level then please get in touch, either at training or by emailing hello@bristolkarateacademy.com.

PHOTOGRAPHY AND FILMING

Bristol Karate Academy reserves the right to take photographs and videos on the day and by choosing to take part in the event you accept that you may appear in photos that may be used in the future for advertising or promotion by the Academy, its Chief Instructor or by any other people we authorise. If you wish to be obscured in the photos so you are not identifiable then please let us know.

Only Bristol Karate Academy-accredited helpers may take photos or videos. For safeguarding reasons, no other photography is allowed, other than photos with the instructors during the seminar breaks.

BOOKING TERMS & CONDITIONS

Your booking is subject to the event booking terms and conditions, shown below.

Making a booking

- Bookings must be made online, at **bristolkarateacademy.com/bookaclass**
- **Bookings for the grading are accepted on the understanding that you provide a KUGB grading record book (complete with up-to-date KUGB licence) by 26th August. Bristol Karate Academy reserves the right to cancel any bookings where a grading record book isn't provided by the deadline.**
- To book a space you must provide a name, age and grade for each person in your booking. There is a minimum age of 8 for non-Bristol Karate Academy members.
- Any information you supply as part of the booking process may be shared with NHS Track and Trace if we are asked to do so.
- The kyu grade seminar is only available to those that are grading, unless you have received confirmation from Bristol Karate Academy that you may book a standalone space.
- To comply with safety rules, there will be a maximum number of attendees in each class, meaning that the event may be sold out for some grades before it is for others.
- While Bristol Karate Academy has never refused a booking request, it reserves the right to cancel your booking. If your booking is cancelled you will be entitled to a full refund.
- By making a booking, you confirm that you are at least 18 years of age, have read and understand the terms and conditions in full and are competent to execute this agreement.

Health and wellbeing

- You are medically fit to participate in an activity that can be physically demanding.
- You have read, understood and agree to the Bristol Karate Academy 'return to indoor training' guidance that specifically relates to training during the coronavirus pandemic.
- Training is at the risk of the participant and Bristol Karate Academy, while taking reasonable care for all participants, shall not be held responsible for any injury or illness that may be caused as a result of demonstrations or training.

Photography and video

- You consent and agree that Bristol Karate Academy and its authorised agents have your permission for the capture of still images (photographs), moving images (film/video) and audio recordings of the participant during the event, including live streaming.
- You accept that the use may be in a number of media, including but not limited to print, digital and electronic use by Bristol Karate Academy and/or by agents authorised by Bristol Karate Academy.
- You hereby grant Bristol Karate Academy and/or agents authorised by Bristol Karate Academy a licence to use material(s) contributed by you for educational and/or marketing purposes via print-based methods, web-based methods or other digital methods.
- If you do not wish to be identifiable in any of the photos then please let us know and we can obscure you from any pictures.

Non-attendance and refund policy

- As we only have limited space it's vital that you only book if you can attend. In the event that you cannot attend, you must cancel your space using the link provided in your booking confirmation email.
- Cancellations received by 11.59pm on Wednesday 26th August 2020 will receive a full refund.
- No refunds will be given for cancellations on or after Thursday 27th August.
- Refunds will be processed as quickly as possible and not later than 14 days after the request was received.