

FRIDAY 6 MARCH

ARIMOTO SENSEI

OPEN SEMINAR

4x WKF WORLD CHAMPION
ASIAN GAMES CHAMPION
JKS WORLD CHAMPION

SEMINAR GUIDE



X



BRISTOL
KARATE
ACADEMY

FOREWORD

We're delighted to invite you to a special seminar with Koji Arimoto Sensei!

With the support of JKS England, we are incredibly proud to be hosting a 4-time WKF World Champion in the South West of England. Like all of our events, this is not just for Academy members - **it's open to anyone who loves good, honest training.**

Arimoto Sensei is an incredible karateka and a huge asset to the Japan Karate Shoto Federation. His reputation for technical precision and excellence can only be superseded by his record for demonstrating this in tournaments and international seminars.

The last time I had the pleasure of seeing Arimoto Sensei teach was at the WKF Youth Camp in Croatia and he was on incredible form. Razor sharp and inspiring to watch. I know he'll be on top form once again as he joins us in Bristol on Friday 6th March.

We look forward to welcoming you all!

**Tim Griffiths, 6th Dan JKS
Chief Instructor, Bristol Karate Academy**



A SPOTLIGHT ON ARIMOTO SENSEI



- **4x WKF World Team Kata Champion**
- **Asian Games Team Kata Champion**
- **JKS World Kata Champion**
- **JKS headquarters instructor and graduate of the JKS kenshusei programme**

Koji Arimoto Sensei is a globally renowned instructor in Shotokan Karate, with an impressive record in tournaments.

Arimoto Sensei started karate at the age of three and soon found that he loved the art. As a teenager, he joined the famous Teikyo University karate club, under the guidance of JKS World Chief Instructor, Kawaga Shihan (9th Dan).

In 2012, Arimoto Sensei won his first WKF Team Kata title in Paris with team mates Takumi Sugino and Takato Soma, which has since had over 11 million views on YouTube.

After teaming up with the Moto brothers (Kazumaza and Ryuji), he won a further three titles, most recently in 2024 before retiring from competition. Arimoto Sensei now focuses on passing on his skills at seminars across the world, including in Bristol, very soon.

SCHEDULE

Friday 6th March 2026

Venue opens	5.15pm
Part 1 (all grades welcome)	5.45-7.15pm
Q&A, group photo, individual photos	7.15-7.30pm
Part 2 (4th kyu+ only)	7.30-9.00pm

Registration for this event is now open. Book your space at bristolkarateacademy.com. All bookings are subject to our booking terms and conditions, at the end of this guide.

VENUE

Backwell School (Old Sports Hall)
Station Road, Backwell, Bristol, BS48 3BX

For sat nav: If you are using sat nav, please use **BS48 3BX** to enter through the Station Road gates via Meadow Close.
For What3Words use **///conquest.factually.elbowed**

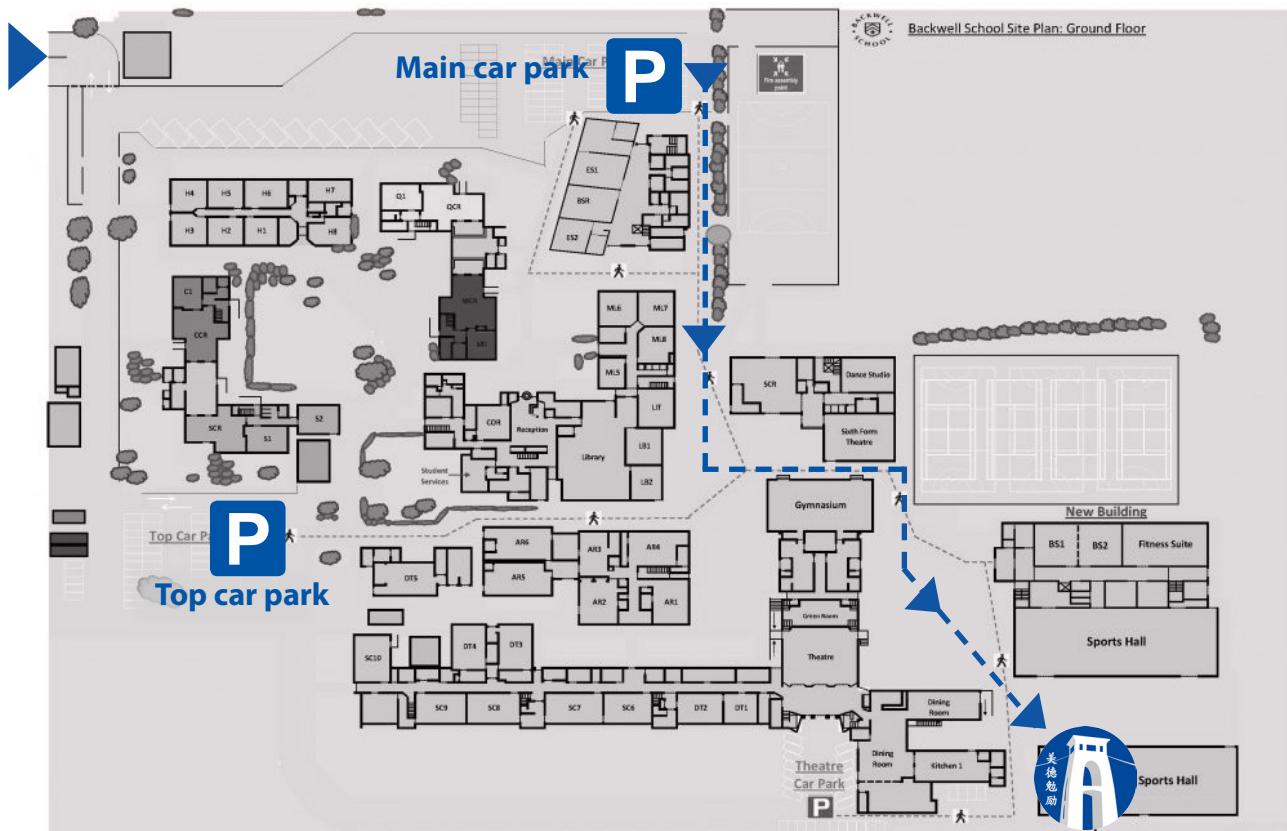
When you arrive, note that there are two sports halls. We are in the old sports hall, as indicated by the Bristol Karate Academy logo on the site map below.

Free parking is available in the main school car park and 'top' car park. While there is a small car park directly in front of the hall, there are only a limited number of spaces and access is by a single track road, therefore we recommend using the two marked on the map.

Please bring any food or drink you'll require for the evening, as there is no cafeteria facility.

Parents of under 18s that are training or grading are able to watch from the spectator area. Anyone watching must remain quiet at all times. Please note that photography is not allowed, other than by authorised photographers and during a dedicated photo opportunity time.

Station Road entrance



PRICE

Full seminar (4th Kyu+ only)	JKS members: £30 per person Non-JKS members: £40 per person
Half seminar (90 minutes)	JKS members: £20 per person Non-JKS members: £25 per person

Those booking on as a JKS member will be required to bring an up-to-date JKS licence on the day of the seminar. Those that don't have an up-to-date licence available for inspection may still train but will be required to pay the non-JKS member price.

PHOTOGRAPHY AND FILMING

Bristol Karate Academy reserves the right to take photographs and videos on the day and by choosing to take part in the event you accept that you may appear in photos that may be used in the future for advertising or promotion by the Academy, its Chief Instructor or by any other people we authorise. If you wish to be obscured in the photos so you are not identifiable then please let us know by emailing hello@bristolkarateacademy.com in advance of the event.

Only Bristol Karate Academy-accredited helpers may take photos or videos. For safeguarding reasons, no other photography is allowed, other than photos with the instructor(s) during the seminar breaks.

BOOKING TERMS & CONDITIONS

Your booking is subject to our booking terms and conditions, shown below.

Making a booking

- Bookings must be made in advance by visiting bristolkarateacademy.com or bookwhen.com/karateevents
- To book a space you must provide a name, age and grade for each person in your booking. There is a minimum age of 7 for Bristol Karate Academy members and 8 for non-Bristol Karate Academy members.
- Seminar bookings are only confirmed once payment is made in full via our online ticketing platform.
- All grades from novice upwards are welcome to book a space. To ensure the smooth running of the course, there will be a maximum number of attendees in each class, meaning that the event may be sold out for some grades before it is for others.
- Your attendance is subject to your booking being accepted. While Bristol Karate Academy has never refused a booking request, it reserves the right to not accept or to cancel your booking.
- By making a booking, you confirm that you are at least 18 years of age, have read and understand the terms and conditions in full and are competent to execute this booking agreement.
- Attendees must wear a plain white karate suit (dogi) and a belt (obi) for this class.

Health and wellbeing

- By booking, you confirm that you are medically fit to participate in an activity that can be physically demanding.
- Training is at the risk of the participant and Bristol Karate Academy, while taking reasonable care for all participants, shall not be held responsible for any injury or illness that may be caused as a result of demonstrations or training.
- It is the responsibility of individuals to make sure they have adequate insurance in place, should they require it. All attendees must have member-to-member insurance cover in place.

Photography and video

- You consent and agree that Bristol Karate Academy and its authorised agents have your permission for the capture of still images (photographs), moving images (film/video) and audio recordings of the participant during the event, including live streaming.
- You accept that the use may be in a number of media, including but not limited to print, digital and electronic use by Bristol Karate Academy and/or by agents authorised by Bristol Karate Academy.
- You hereby grant Bristol Karate Academy and/or agents authorised by Bristol Karate Academy a licence to use material(s) contributed by you for educational and/or marketing purposes via print-based methods, web-based methods or other digital methods.
- **You acknowledge that this permission supersedes permission that we may already hold for members that attend regular classes.**
- If you do not wish to be identifiable in any of the media captured then please let us know by emailing hello@bristolkarateacademy.com and we can obscure you from any pictures or aim to avoid including you, in the case of any live streamed content.

Non-attendance and refund policy

- As we only have limited space it's vital that you only book on if you can attend. In the event that you cannot attend, you may transfer your space to another person or request to cancel your booking altogether, subject to the following points.
- If you choose to transfer your place, you must send an email to hello@bristolkarateacademy.com by 9am on Wednesday 4th March 2026 including the name of the person not attending, as well as the name, age, email address and grade of the person you are transferring the place to. As with your original booking, Bristol Karate Academy reserves the right to refuse the booking request of a replacement participant.
- Any cancellation requests will be accepted as long as they are made by 9am on Friday 6th February 2026.
- If your refund request is received by 9am on Friday 6th February 2026 you will receive the full amount you paid, less a £5 admin fee that includes the non-refundable transaction fees that we are charged by our third party card processor. No refunds will be given for cancellations after 9am on Friday 6th February 2026.
- If the event is cancelled for any reason, all booked participants will be entitled to a full refund of the training fee paid.
- Refunds will be processed as quickly as possible and no later than 14 days after the request was received.

Proudly supporting

BRISTOL
ACTIVE CITY

