OPEN SEMINAR

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SEMINAR GUIDE





FOREWORD

We're delighted to invite you to a special seminar with Matt Price Sensei, 7th Dan JKS!

Matt Sensei has always been a good friend of the Academy and so we're very please to welcome him back for his 16th visit - more times than any other quest instructor.

Always a popular visitor, we know that many of you will be excited to train with Matt Sensei once more, so we recommend booking your space as soon as possible.

As well as hosting Matt Sensei, we're holding our winter kyu grading exams. We're delighted to invite those from novice to 1st kyu with permission to grade to book in now! We welcome members and also guests from other clubs and karate associations. Instructors of other JKS clubs may get in touch about the possibility of their students grading at this event if there's space.

We look forward to welcoming you all on Sunday 9th November!

Tim Griffiths, 6th Dan JKS
Chief Instructor, Bristol Karate Academy



A SPOTLIGHT ON MATT SENSEI



Matt Price Sensei is head coach for the JKS England national team and a 7th Dan of the Japan Karate Shoto Federation, having graded under a panel including Kagawa Shihan (Japan) and the late Norman Robinson Shihan (South Africa) in 2022.

Matt Sensei starting training in 1982 in Harrogate, the dojo that he would later go on to lead to great success.

Equally adept at both kata and kumite, Matt Sensei became only the fourth ever KUGB British Grand Champion (winning both events in the same year) in 2002 and is a former ESKA European individual kumite champion, winning the 2006 edition in Lucerne, Switzerland. Always a great presence at international events, he was voted European Shotokan competitor of the year on two occasions. He also captained the English team to victory at the WSKA World Championships in 2007.

In 2017, Matt Sensei was inducted into the Martial Arts Illustrated (MAI) Hall of Fame and has also been presented with the MAI Lifetime Achievement Award.

Despite his illustrious competition career and other achievements, Matt Sensei is very much still a student of traditional Shotokan Karate-do. As such, you will always see him training in the line at JKS seminars, both domestically and at the JKS international seminar in Japan - where he's heading less than two weeks after teaching for us!

SCHEDULE

Sunday 9th November 2025

Venue opens	9.30am
All-grade seminar	10.00am-11.30am
12th-1st Kyu grading	11.30am-1.45pm
3rd Kyu and above seminar	2.00pm-4.00pm

Registration for this event is now open., but if you'd like to grade, please check that you are eligible and have permission before booking.

Book your space at bristolkarateacademy.com. All bookings are subject to our booking terms and conditions, at the end of this guide.

VENUE

Nailsea School (Sports Hall)

Mizzymead Road, Nailsea, Bristol, BS48 2HN

For sat nav: If you're using sat nav, please use BS48 2HJ to find the entrance on Mizzymead Road. For What3Words use ///remote.sushi.scenes

When you arrive, enter using the doors marked 'Community Entrance'. Follow our signs to the auditorium. Changing rooms with showers and the toilets are next to the sports hall.

Free parking is available in the main school car park, which you'll access from the main Mizzymead Road entrance. In the unlikely event that you can't find a space here, there is free parking on nearby streets. The town also has several car parks close by. Please see signs for parking restrictions.

There are two vending machines in the school with a very limited range of drinks and snacks. Alternatively there are a number of shops, cafés, pubs and restaurants in the town, as well as a Waitrose and Tesco. These are just a few minutes' walk from the school gates.

Parents of those under 18 that are training or grading are able to watch from the back of the hall or the spectator gallery. Anyone watching must remain quiet at all times.



PRICE

New for 2025: No more queuing for belts! Your grading ticket now includes a belt for those who pass.

Kyu Grading (includes all-grade seminar and new belt for successful candidates)	£30 per person
Early bird seminar ticket - available until 11.59pm, 31st October	£15 per person
Standard seminar ticket - tickets bought after 31st October	£20 per person

Anyone graded 3rd Kyu and above is welcome to train in BOTH classes if they wish. You will need to purchase a ticket for any class you choose to attend. Please note that anyone attending that's 3rd Kyu and above **must** attend the 3rd kyu and above training.

I WISH TO GRADE, WHAT DO I NEED TO KNOW?

- You must have received permission to grade. **If you wish to grade and do not yet have permission** or are not sure if you have permission, please read the guidance below on grading eligibility.
- You must book in advance. Booking for the grading will close on Friday 31st October 2025, or as soon as the event is fully booked.
- You must have a JKS licence that is up-to-date on the day of the grading. If you don't have one or it is out-of-date you must apply or renew now. Please note that most students will have auto-renewing JKS England licences. Licence slips are uploaded by JKS England to your member area of the JKS England website (in the 'Document Library' section).
- You must have handed in your JKS grading record book by Friday 31st October 2025.
- If you do not provide your grading record book (complete with up-to-date licence inside) by **31st October 2025**, your booking may be either cancelled (with money refunded, less card processing fees) or be **subject to a £5 late booking fee**. Please book on time to help us administer the day.

PRE-GRADING CLASSES & GRADING PERMISSION

If you'd like to grade then please make sure you come on at least one of the dates below to get useful feedback and also permission to grade. Please also read the details on the next page about grading eligibility. You're welcome to come to any of our venues to gain grading permission:

Westbury-on-Trym	Thursday 9th October & Tuesday 14th October	
Backwell	Friday 10th October & Sunday 12th October	
Long Ashton	Tuesday 14th October	
Nailsea	Wednesday 15th October	

GRADING ELIGIBILITY FOR ACADEMY MEMBERS

You can log in to your Bristol Karate Academy Member Area to check how you're tracking in the run up to your grading. Log in by visiting **www.bristolkarateacademy.com/members** and go to the 'My Grading' page.

Your 'My Grading' page will show how many sessions you've completed, whether you have permission to grade and any specific guidance from the pre-grading permission session you've attended in order to help you to prepare.

There are several different grading permission status levels that can appear on your 'My Grading' page:

- **Not yet assessed:** This means you'll need to attend a pre-grading session or in some cases agree a date for your next grading with your instructor.
- **Not yet ready:** This means that at the point you were assessed there's more you need to do to get ready for your grading. Work with your instructor to get ready in the run up to the next available grading date.
- To be checked again: Although this means you do not yet have permission to grade, you are almost there and we would hope you would be able to take your grading if you keep making improvements in time. Or you could target the following grading.
- Yes: You have full permission to grade. Book your grading and make sure you complete the minimum number of sessions before the grading day.

If you have any queries about why your grading status is at a particular level then please get in touch, either at training or by emailing **hello@bristolkarateacademy.com**.

PHOTOGRAPHY AND FILMING

Bristol Karate Academy reserves the right to take photographs and videos on the day and by choosing to take part in the event you accept that you may appear in photos that may be used in the future for advertising or promotion by the Academy, its Chief Instructor or by any other people we authorise. If you wish to be obscured in the photos so you are not identifiable then please let us know by emailing hello@bristolkarateacademy.com in advance of the event.

Only Bristol Karate Academy-accredited helpers may take photos or videos. For safeguarding reasons, no other photography is allowed, other than photos with the instructor(s) during the seminar breaks.

BOOKING TERMS & CONDITIONS

Your booking is subject to our booking terms and conditions, shown below.

Making a booking

- Bookings must be made in advance by visiting bristolkarateacademy.com or bookwhen.com/karateevents
- Bookings that include a JKS grading must be accompanied by a JKS grading record book (complete with up-to-date JKS licence)
 in order to be accepted.
- If you do not provide your grading record book (complete with up-to-date licence inside) by 31st October 2025, your booking may be either cancelled (with money refunded, less card processing fees) or be **subject to a £5 late booking fee**.
- To book a space you must provide a name, age and grade for each person in your booking. There is a minimum age of 8 for non-Bristol Karate Academy members.
- Seminar bookings are only confirmed once payment is made in full.
- All grades from novice upwards are welcome to book a space. To ensure the smooth running of the course, there will be a
 maximum number of attendees in each class, meaning that the event may be sold out for some grades before it is for others.
- Your attendance is subject to your booking being accepted. While Bristol Karate Academy has never refused a booking request, it reserves the right to not accept or to cancel your booking.
- By making a booking, you confirm that you are at least 18 years of age, have read and understand the terms and conditions in full and are competent to execute this booking agreement.
- Attendees must wear a plain white karate suit (dogi) and a belt (obi) for this class. Those attending the 3rd Kyu+ seminar must bring mitts, gum shield. Groin guards, chest protectors, shin/instep pads and head guards for under 14s are recommended but you may choose not to wear them at your own risk.

Health and wellbeing

- By booking, you confirm that you are medically fit to participate in an activity that can be physically demanding.
- Training is at the risk of the participant and Bristol Karate Academy, while taking reasonable care for all participants, shall not be held responsible for any injury or illness that may be caused as a result of demonstrations or training.
- All attendees must have member-to-member insurance cover in place, which is included as part of a JKS licence. For additional cover, it is the responsibility of individuals to make sure they have adequate insurance in place, should they require it.

Photography and video

- You consent and agree that Bristol Karate Academy and its authorised agents have your permission for the capture of still images (photographs), moving images (film/video) and audio recordings of the participant during the event, including live streaming.
- You accept that the use may be in a number of media, including but not limited to print, digital and electronic use by Bristol Karate Academy and/or by agents authorised by Bristol Karate Academy.
- You hereby grant Bristol Karate Academy and/or agents authorised by Bristol Karate Academy a licence to use material(s)
 contributed by you for educational and/or marketing purposes via print-based methods, web-based methods or other digital
 methods.
- You acknowledge that this permission supersedes permission that we may already hold for members that attend regular classes.
- If you do not wish to be identifiable in any of the media captured then please let us know by emailing **hello@bristolkarateacademy.com** and we can obscure you from any pictures or aim to avoid including you, in the case of any live streamed content.

Non-attendance and refund policy

- As we only have limited space it's vital that you only book on if you can attend. In the event that you cannot attend, you may transfer your space to another person or request to cancel your booking altogether, subject to the following points.
- If you choose to transfer your place, you must send an email to **hello@bristolkarateacademy.com** by 9am on Friday 7th November 2025 including the name of the person not attending, as well as the name, age and grade of the person you are transferring the place to. As with your original booking, Bristol Karate Academy reserves the right to refuse the booking request of a replacement participant.
- Any cancellation requests will be accepted as long as they are made by 10am on Sunday 26th October 2025.
- If your refund request is received by 10am on Sunday 26th October 2025 you will receive the full amount you paid, less a £5 admin fee that includes the non-refundable transaction fees that we are charged by our third party card processor. No refunds will be given for cancellations after 10am on Saturday 26th October 2025.
- If the event is cancelled for any reason, all booked participants will be entitled to a full refund.
- Refunds will be processed as quickly as possible and no later than 14 days after the request was received.

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