OPENISEMINAR

CARLESS Sensen **6TH DAN JKS**

SEMINAR GUIDE





FOREWORD

We're delighted to invite you to a special seminar with Steve Carless Sensei, 6th Dan JKS!

Steve Sensei has visited Bristol Karate Academy a number of times. Each time he does, the feedback has been fantastic, so we know you're in for an absolute treat!

As well as hosting Steve Sensei, we're also holding our Spring kyu grading exams. We're delighted to invite those from novice to 1st kyu with permission to grade to book in now! We welcome members and also guests from other clubs and karate associations. Instructors of other JKS clubs may get in touch about the possibility of their students grading at this event if there is space.

This time around we're at a new venue: Backwell School. Their sports hall is just a few years old and an excellent facility, with a viewing gallery for spectators. We hope you like it!

We look forward to welcoming you all on Saturday 23rd March!

Tim Griffiths, 6th Dan JKS
Chief Instructor, Bristol Karate Academy



A SPOTLIGHT ON STEVE SENSEI



Steve Sensei is the founder and chief instructor of the successful full-time Walsall dojo. A custom-fitted karate dojo in the midlands with a large base of students, including numerous national champions and national squad members.

As an individual, Steve Sensei is a former 2x SKI GB Grand Champion, having won both kata and kumite in the same year – with 10 individual SKI GB nationals titles to his name across both disciplines. He was also an SKI international, picking up 2 SKI European silver medals.

Here are some of Steve Senseis notable successes:

- 7x SKI GB national individual kata champion
- 3x SKI GB national individual kumite champion
- 4x SKI GB national team kumite champion
- 3x Shiro Asano national individual kumite champion
- FEKO national individual kata champion
- FEKO national team kata champion
- 2x SKI European medallist

SCHEDULE

Saturday 23rd March 2024

Venue opens	9.30am
All-grade seminar	10.00am-11.30am
12th-1st Kyu grading	11.30am-1.30pm
3rd Kyu and above seminar	2.00pm-4.00pm

Registration for this event is now open., but if you'd like to grade, please check that you are eligible and have permission before booking.

Book your space at bristolkarateacademy.com. All bookings are subject to our booking terms and conditions, at the end of this guide.

VENUE

Backwell School (New Sports Hall)

Station Road, Backwell, Bristol, BS48 3BX

For sat nav: If you are using sat nav, please use **BS48 3BX** to enter through the Station Road gates via Meadow Close. For What3Words use ///inches.slip.paid

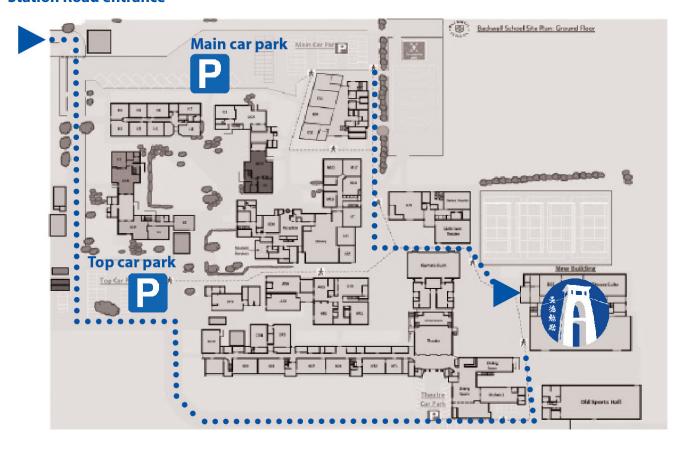
When you arrive, note that there are two sports halls. We are in the new sports hall, as indicated by the Bristol Karate Academy logo on the site map below.

Free parking is available in the main school car park and 'top' car park. While there is a small car park directly in front of the hall, there are only a limited number of spaces and access is by a single track road, therefore we recommend using the two marked on the map.

Please bring any food or drink you'll require for the day. For those not staying, Backwell has nearby coffee shops and a convenience store. You'll find Heaven Coffee House at Backwell crossroads using the postcode BS48 3NP.

There will be no spectators allowed for this event other than parents of those under 18s that are training or grading. There is a spectator gallery with an excellent view of the hall. Anyone watching must remain quiet at all times.

Station Road entrance



PRICE

Kyu Grading (includes all-grade seminar with Steve Carless Sensei)	£25 per person
Early bird seminar ticket - available until 11.59pm, 15th March	£15 per person
Standard seminar ticket - tickets bought after 15th March	£20 per person

Anyone graded 3rd Kyu and above is welcome to train in BOTH classes if they wish. You will need to purchase a ticket for any class you choose to attend. Please note that anyone attending that's 3rd Kyu and above must attend the 3rd kyu and above training.

I WISH TO GRADE, WHAT DO I NEED TO KNOW?

- You must have received permission to grade. If you wish to grade and do not yet have permission or are not sure if you have
 permission, please read the guidance below on grading eligibility.
- · You must book in advance. Booking for the grading will close on Friday 15th March 2024, or as soon as the event is fully booked.
- You must have a JKS licence that is up-to-date on the day of the grading. If you don't have one or it is out-of-date you must apply or renew now.
- You must have handed in your JKS grading record book by Friday 15th March 2024.
- If you do not provide your grading record book (complete with up-to-date licence inside) by 15th March, your booking may be either
 cancelled (with money refunded, less card processing fees) or be subject to a £5 late booking fee. Please book on time to help us
 administer the day.

PRE-GRADING CLASSES & GRADING PERMISSION

If you'd like to grade then please make sure you come on at least one of the dates below to get useful feedback and also permission to grade. Please also read the details on the next page about grading eligibility. You're welcome to come to any of our venues to gain grading permission:

Long Ashton	Tuesday 20th February
Westbury-on-Trym	Tuesday 20th February & Thursday 22nd February
Nailsea	Wednesday 21st February
Backwell	Friday 23rd February & Sunday 25th February

GRADING ELIGIBILITY FOR ACADEMY MEMBERS

You can log in to your Bristol Karate Academy Member Area to check how you're tracking in the run up to your grading. Log in by visiting **www.bristolkarateacademy.com/members** and go to the 'My Grading' page.

Your 'My Grading' page will show how many sessions you've completed, whether you have permission to grade and any specific guidance from the pre-grading permission session you've attended in order to help you to prepare.

There are several different grading permission status levels that can appear on your 'My Grading' page:

- **Not yet assessed:** This means you'll need to attend a pre-grading session or in some cases agree a date for your next grading with your instructor.
- Not yet ready: This means that at the point you were assessed there's more you need to do to get ready for your grading. Work with your instructor to get ready in the run up to the next available grading date.
- On track keep working hard: Although this means you do not yet have permission to grade, you are almost there and we would hope you would be able to take your grading if you keep making improvements in time.
- Yes: You have full permission to grade. Book your grading and make sure you complete the minimum number of sessions before the grading day.

If you have any queries about why your grading status is at a particular level then please get in touch, either at training or by emailing hello@bristolkarateacademy.com.

PHOTOGRAPHY AND FILMING

Bristol Karate Academy reserves the right to take photographs and videos on the day and by choosing to take part in the event you accept that you may appear in photos that may be used in the future for advertising or promotion by the Academy, its Chief Instructor or by any other people we authorise. If you wish to be obscured in the photos so you are not identifiable then please let us know by emailing hello@bristolkarateacademy.com

Only Bristol Karate Academy-accredited helpers may take photos or videos. For safeguarding reasons, no other photography is allowed, other than photos with the instructor(s) during the seminar breaks.

BOOKING TERMS & CONDITIONS

Your booking is subject to our booking terms and conditions, shown below.

Making a booking

- Bookings must be made in advance by visiting bristolkarateacademy.com or bookwhen.com/karateevents
- Bookings that include a JKS grading must be accompanied by a JKS grading record book (complete with up-to-date JKS licence) in order to be accepted.
- To book a space you must provide a name, age and grade for each person in your booking. There is a minimum age of 8 for non-Bristol Karate Academy members.
- Seminar bookings are only confirmed once payment is made in full.
- All grades from novice upwards are welcome to book a space. To ensure the smooth running of the course, there will be a
 maximum number of attendees in each class, meaning that the event may be sold out for some grades before it is for others.
- Your attendance is subject to your booking being accepted. While Bristol Karate Academy has never refused a booking request, it reserves the right to not accept or to cancel your booking.
- By making a booking, you confirm that you are at least 18 years of age, have read and understand the terms and conditions in full and are competent to execute this booking agreement.
- Attendees must wear a plain white karate suit (dogi) and belt (obi) for this class. Those attending the 3rd Kyu+ seminar must bring mitts, gum shield. Groin guards, chest protectors and shin/instep pads are recommended but not essential.

Health and wellbeing

- · You are medically fit to participate in an activity that can be physically demanding.
- Training is at the risk of the participant and Bristol Karate Academy, while taking reasonable care for all participants, shall not be held responsible for any injury or illness that may be caused as a result of demonstrations or training.
- All attendees must have member-to-member insurance cover in place, which is included as part of a JKS licence. For additional cover, it is the responsibility of individuals to make sure they have adequate insurance in place, should they require it.

Photography and video

- You consent and agree that Bristol Karate Academy and its authorised agents have your permission for the capture of still images (photographs), moving images (film/video) and audio recordings of the participant during the event, including live streaming.
- You accept that the use may be in a number of media, including but not limited to print, digital and electronic use by Bristol Karate Academy and/or by agents authorised by Bristol Karate Academy.
- You hereby grant Bristol Karate Academy and/or agents authorised by Bristol Karate Academy a licence to use material(s)
 contributed by you for educational and/or marketing purposes via print-based methods, web-based methods or other digital
 methods.
- If you do not wish to be identifiable in any of the media captured then please let us know by emailing **hello@bristolkarateacademy.com** and we can obscure you from any pictures or aim to avoid including you, in the case of any live streamed content.

Non-attendance and refund policy

- As we only have limited space it's vital that you only book on if you can attend. In the event that you cannot attend, you may transfer your space to another person or request to cancel your booking altogether, subject to the following points.
- If you choose to transfer your place, you must send an email to **hello@bristolkarateacademy.com** by 9am on Thursday 21st March 2024 including the name of the person not attending, as well as the name, age and grade of the person you are transferring the place to. As with your original booking, Bristol Karate Academy reserves the right to refuse the booking request of a replacement participant.
- Any cancellation requests will be accepted as long as they are made by 9am on Saturday 9th March 2024.
- If your refund request is received by 9am on Saturday 9th March 2024 you will receive the full amount you paid, less a £5 admin fee that includes the non-refundable transaction fees that we are charged by our third party card processor. No refunds will be given for cancellations after 9am on Saturday 9th March 2024.
- If the event is cancelled for any reason, all booked participants will be entitled to a full refund.
- Refunds will be processed as quickly as possible and no later than 14 days after the request was received.

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