

# OPEN SEMINAR

# THEA PRIEST *Sensei*

JKS GRAND  
CHAMPION

SEMINAR GUIDE



BRISTOL  
KARATE  
ACADEMY

# FOREWORD

We're pleased to invite you to our first special seminar of the year, on Saturday 17th February, as we welcome the current JKS England Grand Champion, Thea Priest Sensei! This event is open to both members and guests from other clubs and karate associations.

Thea Sensei, who won both kata and kumite at the JKS National Championships in November, is currently preparing for the JKS World Championships. They'll be held in Tokyo in Summer, where she'll be representing the England team. We're therefore very grateful that she's coming to the Bristol area to share her time and knowledge with us.

All profits from the seminar will go directly to help fund Thea's 2024 journey to Tokyo.

We're delighted to welcome Thea to our fully matted Backwell dojo and look forward to seeing our members, friends and visitors joining us! See you soon!

**Tim Griffiths, 6th Dan JKS**  
Chief Instructor, Bristol Karate Academy



## SPOTLIGHT ON THEA PRIEST SENSEI



Thea Sensei comes from a traditional karate background and trains and teaches at the Somerset Ryu Karate dojo in Wellington.

Competitively, Thea Sensei has had many successes at tournaments both domestically and internationally. As a senior in the WKF domestic circuit, Thea has seen success in both kata and kumite at numerous tournaments in the two post-COVID competitive years.

Here are a few of her recent achievements:

- 2023 JKS England National Champion in both kata and kumite.
- BKF all-styles British kumite medallist (2022) and kata medallist (2023).
- EKF E1-Series English kumite medallist (2022) and kata medallist (2023).
- Central England team kata gold (2022), team kumite silver (2022) and individual kata bronze (2023).
- Cumbrian Open Pairs Kata Champion (2023) and individual kata bronze.
- WSKA World Shotokan cadet team kumite champion and individual kata bronze medallist (2017).
- ESKA European Shotokan junior team kumite silver medallist and individual kumite bronze medallist (2019).

## BOOKING DETAILS

Registration for this event is now open! Book your space at [bristolkarateacademy.com](https://bristolkarateacademy.com). All bookings are subject to our booking terms and conditions, at the end of this guide. Prices are as follows:

'Early Bird' Beginner to 5th Kyu seminar ticket - available until 11th February	£10 per person
'Early Bird' 4th Kyu+ seminar ticket - available until 11th February	£12 per person
Standard seminar ticket - all tickets bought after 11th February	£15 per person

# SCHEDULE

Saturday 17th February 2024

Venue opens	9.00am
Beginner to 5th kyu seminar	9.30am-11.00am
Q&A and photos	11.00am-11.20am
4th kyu and above seminar	11.20am-1.20pm

## VENUE

### Backwell Parish Hall

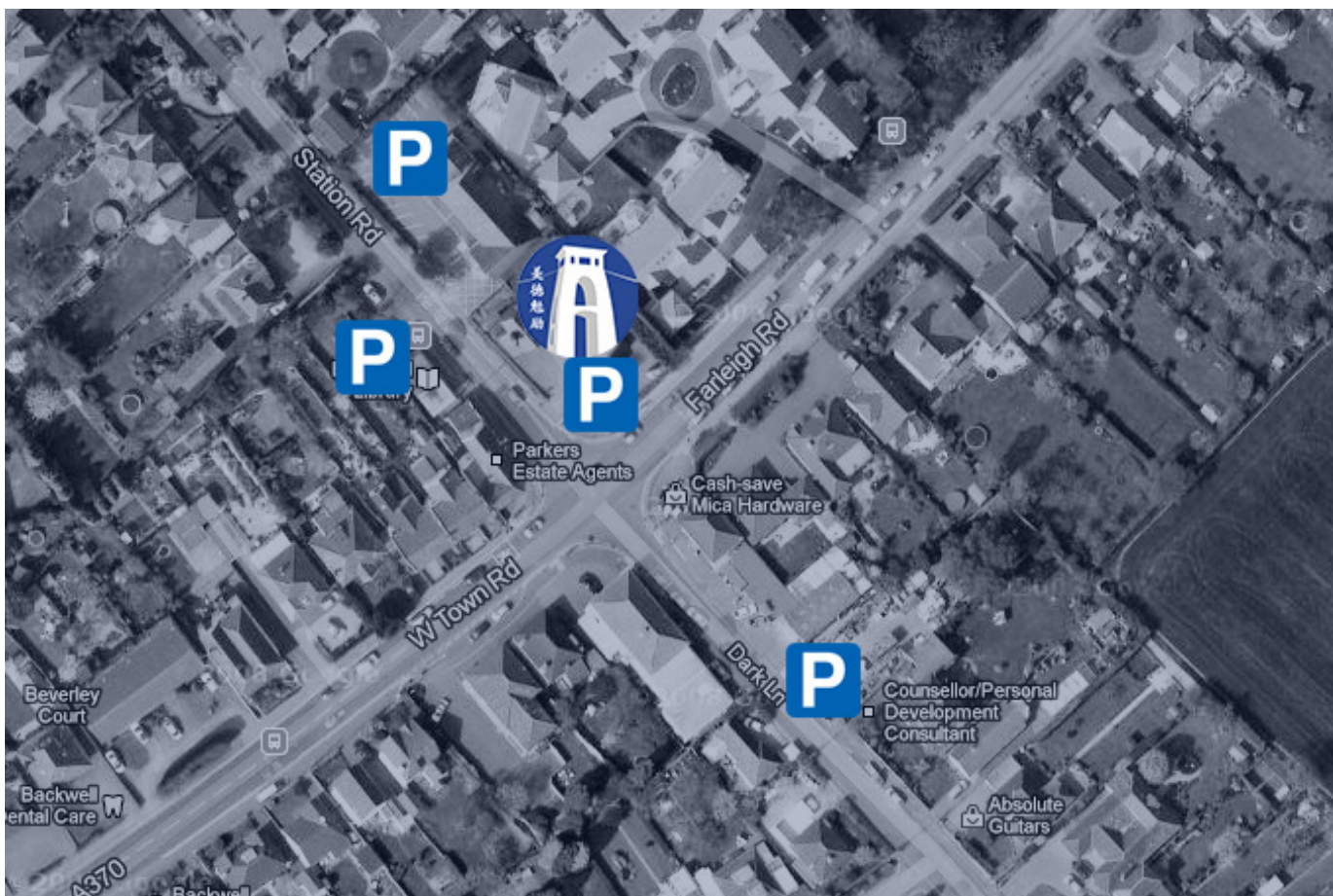
Station Road, Backwell, Bristol, BS48 3QW.

**For sat nav:** If you are using sat nav, please use BS48 3QW, Backwell Karate or Heaven Coffee House. For What3Words use ///clinic.megawatts.rests

Changing space is limited to the wash rooms at the venue.

Limited free parking is available at Backwell Parish Hall itself. For ease of access, we recommend parking on nearby side streets. If you live nearby, we'd be grateful if you'd consider walking, to help ease pressure on parking for those coming from further afield.

There will be no spectators allowed for this event, other than parents of those under 18s that are training, who will be able to watch from the stage area. Anyone watching must remain quiet at all times.



## REFRESHMENTS

For refreshments, we recommend Heaven Coffee House, open before, during and after the seminar. This is on the opposite corner of Backwell crossroads, diagonally opposite Backwell Parish Hall.

# PHOTOGRAPHY AND FILMING

Bristol Karate Academy reserves the right to take photographs and videos on the day and by choosing to take part in the event you accept that you may appear in photos that may be used in the future for advertising or promotion by the Academy, its Chief Instructor or by any other people we authorise. If you wish to be obscured in the photos so you are not identifiable then please let us know by emailing [hello@bristolkarateacademy.com](mailto:hello@bristolkarateacademy.com)

Only Bristol Karate Academy-accredited helpers may take photos or videos. For safeguarding reasons, no other photography is allowed, other than photos with the instructor(s) during the seminar breaks.

# BOOKING TERMS & CONDITIONS

Your booking is subject to our booking terms and conditions, shown below.

## Making a booking

- Bookings must be made in advance by visiting [bristolkarateacademy.com](http://bristolkarateacademy.com) or [bookwhen.com/karateevents](http://bookwhen.com/karateevents)
- To book a space you must provide a name, age and grade for each person in your booking. There is a minimum age of 7 for Bristol Karate Academy members and 8 for non-Bristol Karate Academy members.
- Seminar bookings are only confirmed once payment is made in full.
- All grades from novice upwards are welcome to book a space. To ensure the smooth running of the course, there will be a maximum number of attendees in each class, meaning that the event may be sold out for some grades before it is for others.
- Your attendance is subject to your booking being accepted. While Bristol Karate Academy has never refused a booking request, it reserves the right to not accept or to cancel your booking.
- By making a booking, you confirm that you are at least 18 years of age, have read and understand the terms and conditions in full and are competent to execute this booking agreement.
- Attendees must wear a plain white karate suit (dogi) and belt (obi) for this class. Those attending the 4th Kyu+ seminar must bring mitts, and a mouth guard. Groin guards, chest protectors and shin/instep pads are recommended but not essential.

## Health and wellbeing

- You are medically fit to participate in an activity that can be physically demanding.
- Training is at the risk of the participant and Bristol Karate Academy, while taking reasonable care for all participants, shall not be held responsible for any injury or illness that may be caused as a result of demonstrations or training.
- All attendees must have member-to-member insurance cover in place. For additional cover, it is the responsibility of individuals to make sure they have adequate insurance in place, should they require it.

## Photography and video

- You consent to and agree that Bristol Karate Academy and its authorised agents have your permission for the capture of still images (photographs), moving images (film/video) and audio recordings of the participant during the event, including live streaming.
- You accept that the use may be in a number of media, including but not limited to print, digital and electronic use by Bristol Karate Academy and/or by agents authorised by Bristol Karate Academy.
- You hereby grant Bristol Karate Academy and/or agents authorised by Bristol Karate Academy a licence to use material(s) contributed by you for educational and/or marketing purposes via print-based methods, web-based methods or other digital methods.
- If you do not wish to be identifiable in any of the media captured then please let us know by emailing [hello@bristolkarateacademy.com](mailto:hello@bristolkarateacademy.com) and we can obscure you from any pictures or aim to avoid including you, in the case of any live streamed content.

## Non-attendance and refund policy

- This event is a fundraising event to help support the significant costs of international competition. As we only have limited space it's vital that you only book if you can attend. In the event that you cannot attend, no transfers or refunds are allowed.
- If the event is cancelled for any reason, all booked participants will be entitled to a full refund. Refunds will be processed as quickly as possible and no later than 14 days after the scheduled event date.



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